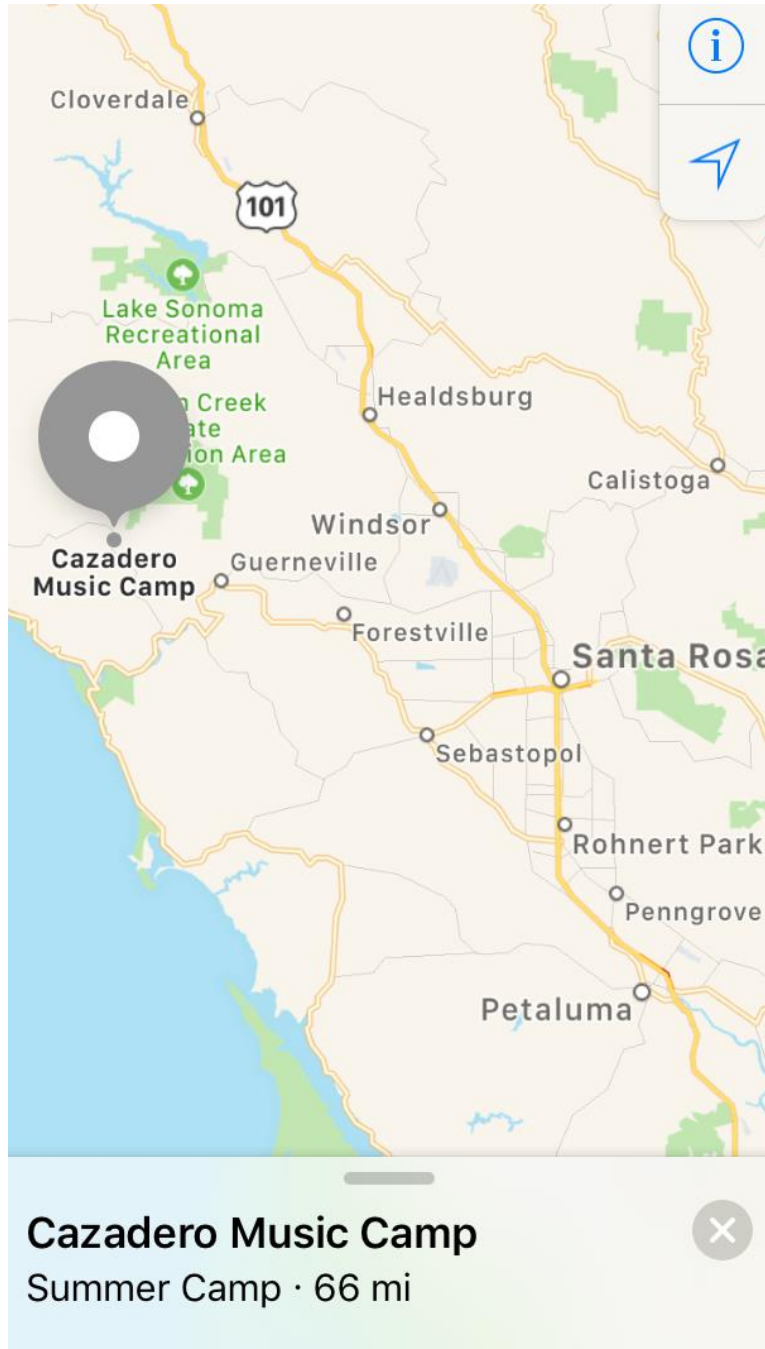


## NVYS Retreat at Camp Cazadero

Leaving from Napa Christian **Saturday, September 8 at 7:30 am**

Returning to Napa Christina **Sunday, September 9 at 4 pm**

**Where is the camp?** Cazadero, California north of Santa Rosa



**What will we be doing?** Camp Cazadero is a music camp by summer, but open to other organizations during the school year. We will be overlapping our stay with San Francisco School of the Arts (SOTA). There will be ample opportunity for kids to play in larger ensembles and sectional groups, as well as enjoy free time playing basketball, pingpong, and swimming (lifeguard on duty). We will also have team building games and activities. This is 28 hours for our kids to play music and bond as a team. [Here is a link to the camp website to see more pictures.](#)

**Meals?** Campers will be asked to bring a bag lunch for Saturday and Camp Caz will serve us three meals (Sat night, Sunday morning and Sunday lunch). They are very experienced in feeding campers with food allergies. *NVYS will also provide snack bars, dried fruit, and fresh fruit.*

**Sleeping?** Campers will bring a sleeping bag and pillow. Boys and girls will be in separate sections with chaperones for each group. Campers sleep on sleeping decks (chaperones can sleep in tented cabins next to deck).

**Cost?** Cost is free though we are asking for a donation of \$100 per family, if possible.

## CAMP ACCOMMODATIONS AND PACKING LIST

Camp accommodations are rustic. Campers sleep on wooden tent platforms above the forest floor. Each camper has a camp bed with a mattress and sleeps outside under the stars. Tents are used for storage and for privacy. Bathrooms and showers are in buildings nearby. Pack for your camper in a suitcase or duffel bag and label all clothes and belongings with first and last name.

- **Bag lunch for Saturday afternoon!!!!** All other meals will be provided.
- Sleeping bag, pillow (optional: extra blanket)
- Musical instrument AND NVYS/Sinfonia Music Folder
- **Warm clothing** for early morning and evening wear (temps will be 80 degrees in day, 50 degrees at night)
- Hat
- Flashlight with extra batteries
- Casual clothes for everyday wear
- Towel, beach towel and toiletries
- Swimsuit
- Insect repellent, sunscreen
- Rubber sandals or other non-skid shoes for the shower
- Sturdy shoes for lots of walking around camp
- Personal sports equipment/games (optional)
- Personal medication (Prescriptive medications must be in original containers with your child's name and directions. DO NOT SEND in unlabeled containers; unlabeled medications cannot be given.)